

Relationship and Sex Education Policy
Cravenwood Primary Academy

From September 2020, pupils receiving primary education must be taught Relationships Education, under the Relationships Education, Relationships and Sex Education, and Health Education (England) Regulations 2019.

Introduction

The Department for Education defines relationships education as: teaching the fundamental building blocks and characteristics of positive relationships, with reference to friendships, family relationships and relationships with other peers and adults.

At Cravenwood Primary Academy, we equip all pupils with the skills to confidently talk, listen and think about feelings and relationships. We actively coach children to use their “big voice” when in a situation they don’t like. Our RSE curriculum prepares pupils to play active roles as citizens and develop healthier and safer lifestyles. We understand that through developing good relationships and respecting differences between people, our pupils will form caring relationships. This will create solid foundations for pupils to maintain healthy relationships into their adult lives.

By the time pupils leave Cravenwood Primary Academy they can name parts of the body and describe how it works, protect themselves and ask for help or support and understand the physical and emotional changes which occur with puberty.

Relationship and Sex Education enables pupils to learn about:

- families and people who care for them, including the nature of marriage and civil partnership and their importance for family life and the bringing up of children,
- forming and maintaining caring relationships,
- the characteristics of healthy and respectful relationships, including online,
- how relationships may affect physical and mental health and wellbeing, and how to ensure they are safe.

Parental Consultation

We recognise that parents and carers are the primary providers of RSE for their children. We value the need to work with caregivers to ensure a shared understanding of RSE and to deliver an effective programme that meets the needs of our pupils. We worked with parents to develop the school's RSE policy and practice through consultation sessions. We build positive and supportive relationships with parents and carers through mutual understanding, trust, and co-operation.

Prior to the teaching of RSE:

- Parents are able to view lesson plans and resources used in the RSE programme.
- Parents can ask questions that they may have about RSE for their child.

Parental right to withdraw children

At Cravenwood, we believe that all the content within our school's PSHE curriculum, including RSE, is of the utmost importance and relevance to all pupils.

There is no parental right of withdrawal from Relationships Education or Health Education content within the school curriculum, or from any statutory sex education that forms part of the National Curriculum for Science. These are statutory requirements which the DfE mandates schools to teach; please see the Department of Education RSE Guidance if further information is required.



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Teaching and Learning Objectives

Relationships and Sex Education	
Year Group	Curriculum Content
EYFS	To know: • that all families are different • that my friends can. Like different things to me and know that we can still be friends • what is fair and unfair, kind and unkind, what is right and wrong. • the conventions of courtesy and manners.
Year 1	To know: • about the people in my life who love and care for me. • the differences and similarities between people. • the similarities between girls and boys.
Year 2	To know: • what parts of our body are private. • that bodies grow from young to old and about the human life cycle. • what we mean by fair, unfair, kind and unkind.
Year 3	To know: • what is meant about personal space. • what healthy relationships look like. • why equality is important in all relationships.
Year 4	To know: • what diversity is and how to value and celebrate differences. • about the different roles played by boys and girls. • what changes happen to my body when I become an adult and how to maintain my personal hygiene.
Year 5	To know: • what puberty is and what it means for me. • about the different relationships in my life. • What is unwanted touch and where to find support if I need it.
Year 6	To know: • about how responsibilities, rights and duties are part of our lives now and how they will change in the future. • about how a loving relationship might result in marriage and what is meant by forced marriage. • about reproduction.



Monitoring and Evaluation

School leaders will work with the PSHE subject lead. To monitor the provision of RSE across the school. This will include pupil voice, CPD and deep dives. Pupils' development in RSE is monitored by teachers as part of our internal assessment system.

Special Education Needs

We ensure, under the Equality Act 2021, the best for all pupils. As a result, our RSE curriculum is sensitive to the different needs of individual pupils and is adapted to meet the needs of our pupils over time. Pupils with special educational needs will be given the opportunity to fully participate in RSE lessons, and a scaffolded program will be provided where necessary, to ensure that all pupils gain a full understanding. Additional resources can be used to help scaffold RSE content for children with special education needs.

Complaints

Any complaints about the relationships and sex education programme should be made in accordance with the school's usual complaints procedure.

Policy Review Date

	Date	Name of owner/author
Authorised:	<i>March 2025</i>	RSE Leader
Policy Reviewed:	<i>March 2025</i>	<i>SLT/Chair of Governors</i>
Next Annual Review Date:	<i>March 2026</i>	<i>SLT/Chair of Governors</i>

Governor responsible

Frank McCarron



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