

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Spring Silver Menu 2018

caterlink
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Main	Sweet & Sour Chicken with noodles	Macaroni Pastitsio	Roast Beef With Roast Potatoes and Gravy	Tuna Pasta Bake	MSC Breaded Fish Fingers With Chipped Potatoes
Week 1	Vegetarian	Stir Fry Vegetables & Chilli Noodles	Spinach & Tomato & Mixed Pepper Quiche	Mixed Vegetable Loaf With Roast Potatoes and Gravy	Macaroni Cheese with Tomato topping	Margarita Pizza & Chips
01-Jan						
22-Jan		Sweetcorn Green Beans	Peas Cauliflower	Carrot & Swede mash	Sweetcorn Mixed Peppers	Baked Beans Garden Peas
19-Feb						
12-Mar	Dessert	Shortbread Biscuit	Apple and Mixed Berry Crumble & Custard	Jam & Coconut Sponge	Pineapple upside down Cake with Custard	Pear & Ginger Pudding
Week 2	Main	Halal Chicken Sausage & Mashed Potato & Gravy	Chicken Korma with mixed vegetable rice	Roast Turkey with Roast Potatoes & Gravy	Beef Goulash with Rice	MSC Battered Fish Fingers Chipped Potatoes, Tomato Sauce
Week 2	Vegetarian	Vegetable Sausages with Mashed Potato & Gravy	Lentil and Vegetable Curry with Rice	Cheese & Pepper Pie with Roast Potatoes	Quorn Tortilla Stack	Cheese and Tomato Pizza with Chipped Potatoes
08-Jan						
29-Jan		Sweetcorn Peas	Roasted Vegetables	Broccoli Sliced Carrots	Green Beans Sweet corn	Baked Beans Garden Peas
26-Feb						
19-Mar	Dessert	Pear Crumble and Custard	Banana Sponge & Custard	Chocolate Brownie & Chocolate Sauce	Apple & Berry Strudel with Custard	Chocolate and Orange Cake
Week 3	Main	Beef Burger in a Bun with Oven Baked Wedges	Turkey & Leek Pie with Mash Potato Topping	Roast Chicken & Stuffing with Roast Potatoes and Gravy	Spaghetti Bolognese	MSC Salmon Fish Fingers with Chipped Potatoes, Tomato Sauce
Week 3	Vegetarian	Vegetarian Burger with Oven Baked Wedges	Cheese & Onion Pie	Vegetarian Wellington with Roast Potatoes	Quorn Mince Pasta Bake	Margarita Pizza with Chipped Potatoes
15-Jan						
05-Feb		Baked Beans Sweetcorn	Cauliflower Green Beans	Shredded Cabbage Carrots	Roasted Vegetable Medley	Baked Beans Garden Peas
05-Mar						
26-Mar	Dessert	Carrot & Sultana Cake with Custard	Cornflake Tart	Bakewell Sponge	Peach Crumble & Custard	Lemon & Courgette Cake



Available Daily
Freshly cooked jacket potatoes with a choice of fillings (where advertised)
Daily salad selection
Fresh fruit and yoghurt